

[Chapeau] Beroepsgerelateerde musculoskeletale klachten in de KNO-praktijk
[Kop] ‘Elke KNO-arts loopt risico!’

[INTRO]

Beroepsgerelateerde musculoskeletale klachten, ofwel blessures veroorzaakt door de werkomgeving of het uitvoeren van je werk: 57% van de KNO-artsen heeft ermee te maken. Dit was een van de uitkomsten van een onderzoek onder 249 beroepsbeoefenaars. De onderzoekers brachten risicofactoren in kaart en doen aanbevelingen.

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Chirurgisch specialisten dragen een gezondheidsrisico door blootstelling aan ongunstige ergonomische omstandigheden, beroepsspecifieke risicofactoren en een algemeen gebrek aan ergonomische training. Desondanks is er tot op heden nooit aandacht geweest voor de prevalentie van beroepsgerelateerde musculoskeletale klachten (BMK) onder KNO-artsen in Nederland.

Referenties

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